

# January Volunteer Spotlight

Student

## Elizabeth Low

1 Year & 11 Months

### Why do you volunteer at St. Luke's?

I choose to volunteer at St. Luke's because of the many opportunities the hospital has given me and my siblings over the nine years we have lived in Iowa. There are so many roles that volunteers can explore through all the various opportunities you are offered.

### What do you find most rewarding about your volunteer assignment?

Most of the people that walk in the doors are anxious and unsure of where to go. No matter how small a nod and smile can be from a volunteer, you can see relief being taken off their shoulders. For me, being a part of small interactions like these are the most rewarding parts of my assignment.

### What are the benefits to you of volunteering at St. Luke's Hospital?

One of the benefits is being exposed to a hospital environment. Being a junior means planning out a path to my career, so exploring the hospital as a high school student is really advantageous. Also, having the opportunity to consider different assignments that are fitting to my skills and comfort zone.



**Volunteer Area:**

1st Impressions

**Lifetime Hours:**

184.31

“A truly amazing Volunteer is selfless, generous, helpful, thoughtful, valuable, patient, kind & giving”

-Unknown

\*Our Volunteer Spotlights are randomly chosen. All you have to do is volunteer in the previous month, and your name could be randomly selected!