

Registration Form - MCN

Complete this form and mail to:

St. Luke's Staff Development
PO Box 3026
Cedar Rapids, IA 52406-3026

Make checks payable to: UnityPoint Health
St. Luke's Staff Development **OR** register online
at <https://www.unitypoint.org/cedarrapids> and
select Classes & Events.

Registration Status - Select one

Retired Nurses (age 62 and older)

\$35 Day 1 \$35 Day 2 \$50 Both Days

Undergraduate Student Nurses

\$35 Day 1 \$35 Day 2 \$50 Both Days

UnityPoint Health Associates

\$50 Day 1 \$50 Day 2 \$80 Both Days

Others

\$80 Day 1 \$80 Day 2 \$140 Both Days

Lunch is included: Check box if you need a
vegetarian meal.

Fee must accompany registration.

On-site registration: There will be a \$5 additional
charge. No guarantees for walk-in availability.

Name _____

RN/SW License # _____

Address _____

City _____

State _____ Zip _____

Email address _____

Phone _____

Credit Cards: MasterCard Visa

Account No. _____

Expiration Date _____ V Code _____

3 digit # on back

Cardholder's Name _____

Cardholder's Signature _____

No confirmation will be sent. The above information is
needed to process continuing education. No one outside of
St. Luke's is provided this information. Photocopies of this
form may be used for additional registrations. An
administrative fee of \$10 will be charged for cancellations
postmarked before March 13, 2018. No refunds will be given
after March 13, 2018.

Cancellation

We reserve the right to cancel this program. If
cancellation occurs, we will attempt to reach you. If
the weather causes the cancellation,
announcements will be made on area radio stations
and at <https://www.unitypoint.org/cedarrapids>. In
either event a full refund will be made. If maximum
registration has been reached, your check will be
returned in full.

Event Location

Physician's Clinic of Iowa (PCI Pavilion)
3rd Floor Community Room
202 10th St SE
Cedar Rapids, Iowa

Parking

Park in parking structure on 10th Street.
Come across Skywalk Entry.
Take elevator to 3rd floor.
Community Room is just inside to left.



UnityPoint Health
St. Luke's Hospital

Women's and Children's Health
150 11th Street NE • Cedar Rapids, IA 52402
319/369-7166

unitypoint.org/cedarrapids

UnityPoint Health – St. Luke's Hospital
Women's and Children's Health

25th Maternal Child Nurse Conference



March 20th & 21st, 2018

Physician's Clinic of Iowa – Pavilion
202 10th St SE, Cedar Rapids
3rd Floor Community Room



UnityPoint Health
St. Luke's Hospital

Purpose

To provide current maternal child information on issues which confront nurses and other healthcare professionals in their work environments, home, and community.

Objectives

- Identify the long-term effects of violence in general, and describe how past/current abuse may present in a perinatal woman.
- Identify a victim of human trafficking and respond appropriately to ensure patient safety.
- Discuss approaches to overcome challenges with new and expecting mothers with substance abuse.
- Describe how breastfeeding impacts resiliency and overcoming adversity in mothers.
- Explain causes of burnout and compassion fatigue.
- List self-care interventions to prevent burnout and compassion fatigue.
- Identify causes and consequences of birth trauma and best practices for healthcare providers.
- Discuss evidence-based practice and preeclampsia.
- Review current and potential clinical applications of cord blood stem cells.
- Discuss causes and preventative measures to reduce maternal mortality.
- Identify demographic characteristics of families in today's healthcare and best practice for nursing care.
- Apply mindfulness interventions during pregnancy and childbirth.

Program Schedule

Tuesday, March 20th

7:00 a.m.	Registration
7:45 a.m.	Welcome/Introduction
8:00 a.m.	<i>The Impact of Violence Against Women in the Perinatal Period</i>
9:30 a.m.	<i>"Do You See Her?" Human Trafficking in Your Workplace</i>
10:45 a.m.	Break & Vendors
11:15 a.m.	<i>Optimizing Labor, Birth and Postpartum for Women with Substance Use Disorder</i>
12:15 p.m.	Lunch, Vendors, & Door Prizes
1:15 p.m.	<i>Breastfeeding Makes all the Difference: Breastfeeding's Role in Resiliency and Overcoming Adversity</i>
2:30 p.m.	Break & Vendors
3:00 p.m.	<i>Burnout, Compassion Fatigue, and Self-care for Members of the Perinatal Team</i>
4:30 p.m.	Closing & Evaluations

Wednesday, March 21st

7:00 a.m.	Registration
7:45 a.m.	Welcome/Introduction
8:00 a.m.	<i>Birth Trauma: Causes and Consequences of Birth Related PTSD</i>
9:15 a.m.	<i>A New Beginning to the End of Preeclampsia</i>
10:15 a.m.	Break & Vendors
10:30 a.m.	<i>Newborn Stem Cells: Current and Potential Clinical Applications</i>
11:15 p.m.	Lunch, Vendors, & Door Prizes
12:15 p.m.	<i>Findings from Recent Maternal Mortality Review and Future Concerns</i>
1:15 p.m.	Break
1:30 p.m.	We Are Family. No Really! Seriously! Not Kidding!
3:00 p.m.	Empowerment through Self-Regulation: Recent advances in Mindfulness Interventions during Pregnancy, Childbirth, and Beyond
4:30 p.m.	Closing & Evaluations

Featured Speakers

Kathleen Kendall-Tackett PhD, IBCLC, FAPA
University of Hawaii & Texas Tech University

Terry Johnson APN, NNP-BC, CLEC, MN
Prolacta Bioscience

Charles Schauburger MD, MS, CPE
Gunderson Health

Mark Santillan MD, PhD, FACOG, FAHA
University of Iowa Carver College of Medicine

Stephen Hunter MD
University of Iowa Hospital and Clinics

Theresa Davidson ARNP, MSN, MA
Chains Interrupted

Eliza Stroh MS, CGC
Cord Blood Registry

Benjamin Tallman PhD
UnityPoint Health – St. Luke's Hospital

Keynote Speaker: Kathleen Kendall-Tackett



Kendall-Tackett is a health psychologist and International Board Certified Lactation Consultant. She is the Editor-in-Chief of *Clinical Lactation*. She is an ad-hoc

reviewer of 41 journals, authored 420 articles or chapters and completed her 35th book. She specializes in women's health research, perinatal health, breastfeeding, postpartum depression, violence against women, chronic pain, and trauma.

Continuing Education

The Iowa Board of Nursing Provider No. 46 awards 6.5 contact hours for Day 1 and 6.5 contact hours for Day 2. Other disciplines are responsible for submission to their governing body for approval.