

**Milestones in Marion
Noon Menu for July 2019**

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Oven Baked Chicken Sweet Potatoes Broccoli WW Bread Tropical Fruit	Hot Dog on Bun Potato Salad Baked Beans Pineapple Cookie	Salisbury Steak Buttered Noodles Carrots 24 Hour Salad Rye Bread Fireworks Cupcakes	Closed in Observance of Independence Day	BBQ Riblet/Bun Deviled Eggs Coleslaw Fruit Cup Ice Cream Sundae
8	9	10	11	12
Pork Cutlet Buttered Rice Seasoned Cauliflower Fruit Ambrosia Salad Rye Bread Vanilla Pudding	Spaghetti w/Meat Sauce Seasoned Peas Tossed Salad w/ Dressing Garlic Bread Fresh Melon Cup	Chicken Salad Sandwich Lettuce, Tomato, Onion, Pickle Baked Potato Chips Watergate Salad Sherbet	Breaded Fish on a Bun/Tartar Baked Fries Asparagus w/Cheese Fresh Grapes Cookie	Glazed Hamloaf Parsley Potatoes Summer Squash Mixed Berries WW Dinner Roll Cake
15	16	17	18	19
Tender Roast Beef Sour Cream Mashed Potatoes Seasoned Carrots 5 Cup Salad WW Bread Peach Crisp	Barbequed Pork / Bun Baked Beans Pea Salad Gelatin Fruit Salad Banana Wafer Pudding	Tuna Salad Plate/Tomato Wedge Deviled Eggs Mandarin Oranges WW Dinner Roll Pie	Beef Stroganoff Seasoned Noodles Spinach/Vinegar Cottage Cheese/ Peaches Rye Bread Root Beer Float	Teriyaki Chicken Breast Buttered Red Potatoes Seasoned Mixed Vegetables Pineapple Salad WW Dinner Roll Shortcake w/ Fruit Topping
22	23	24	25	26
Pizza Casserole Seasoned Broccoli Three Bean Salad Garlic Bread Stick Cinnamon Apple Sauce	Beef Soft Taco Lettuce, Tomato, Cheese, Onion Refried Beans Cottage Cheese Vegetable Salad Fresh Fruit Cup	Hot Turkey Mashed Potatoes/Gravy Seasoned Beets Sour Cream Cucumbers WW Bread Fruit Cup	BBQ Chicken Baked Potato/Marg Lettuce Salad WW Dinner Roll Apple Salad	Cheeseburger/ Bun Lettuce, Tomato, Onion, Pickle Seasoned Fries Broccoli Salad Strawberries
29	30	31		
Cabbage Roll w/Season Tom Sce Mashed Potatoes/Marg Seasoned Peas & Carrots Mixed Fruit Cup WW Bread Apple Dumpling	Grilled Ham AuGratin Potatoes Zucchini Apples & Oranges WW Dinner Roll Bread Pudding	Cook's Choice		

"This institution is an equal opportunity provider."

All meals offer 8oz Skim,1% Milk or Soy

Menus are subject to change.