

# December Volunteer Spotlight

## Adult

### Grace Anne Wainaina

10 Years and 9 Months

#### What do you find most rewarding about your volunteer assignment?

The most rewarding part is the friendship I have created with the staff, visitors, patients, and the environment itself is rewarding in the sense that it is conducive for working.

#### What are the benefits to you of volunteering at St. Lukes?

It increases my knowledge and education into the health care. It also makes me feel part of the family.

#### How has volunteering changed your opinion of healthcare or St. Luke's?

It has made me realize we do make a difference, everyone plays a big role when in it comes to our patients, by visiting them in their homes, facilities, we reduce the healthcare inequality by offering non-medical services like companionship which reduce depression, stress, anxiety ... I say kudos!



**Volunteer Area:**  
Wayfinder & Hospice

**Lifetime Hours:** 350

“She is a great asset for our hospital. I don't have to say it because I know that she will, but... Keep up the great work Grace! -

-Matt Schmitz, Supervisor—Cancer Services

\*Our Volunteer Spotlights are randomly chosen. All you have to do is volunteer in the previous month, and your name could be randomly selected!