

# Volunteer Spotlight

## March 2022



meet

Lauren  
Stetson

Wayfinder  
22 Life Hours  
4 Months

What motivated you to volunteer and why did you choose St. Luke's?

I wanted to volunteer at a hospital so I could help people and give back to the community. I also want to go into the healthcare field so I wanted to gain experience in a hospital setting. I chose St. Luke's to do this because it was a really **warm and welcoming environment** and I didn't feel like I was competing with others, because that's not what I wanted my experience to be about.

What do you find most rewarding about your volunteer assignment?

I've always loved helping others so volunteering just makes sense in that aspect. I also hope to one day work in health care so seeing things and being a part of things first hand is a great experience.

How has volunteering changed your opinion of healthcare?

Volunteering has shown me how many different parts and people are needed in order to make operations at a hospital run smoothly. I am only one person there for 2 hours a week but things would be chaotic if I wasn't there to help out.

What do you love most about volunteering in healthcare?

I love volunteering in healthcare because it's something I'm passionate about and it feels good to help people in need.

What are your future plans after graduation?

My plans after graduation are to attend physical therapy school somewhere and get my DPT!