Guidelines for Use of Nystatin (Mycostatin®)

Recommended Neonatal Dose, Route, and Interval

- **Topical:** Apply cream/ointment every six hours until 2-3 days after symptoms subside.
- **PO:**
  - Premature infants: 0.5 ml of 100,000 unit/1ml applied with swab to each side of mouth QID until 2-3 days after thrush has disappeared.
  - Term infants: 1ml to each side of mouth QID until 2-3 days after thrush has disappeared.

Indications

- Antifungal agent used to treat infections of the mucous membranes caused by Candida.

Possible Adverse Reactions

- Rash
- Nausea, diarrhea, vomiting

CONTRAINDICATIONS/PRECAUTIONS:

- Hypersensitivity to nystatin

Nursing Implications

- Shake well before applying to mouth
- Swab inside of cheeks, tongue, and other oral surfaces with suspension.
- Assess response to therapy.

References:
1. Neofax 2010

Reviewed/Revised: 02/2011 by

Samir Alabsi, MD
Kelli DeVore, Pharm. D, BCPS
Rebecca Willson, ARNP, NNP