



## **PEDIATRIC THERAPY SERVICES**

### **When can my child return to therapy?**

Your child should not come to therapy if sick and not feeling well. Therapy is work and your child will not be able to do a good job if sick. Plus we want to keep the department as germ free as we can, since some of the children who come here can become sick very quickly due to their medical conditions. Below are a list of common childhood illnesses and the number of days we want your child to wait until returning to therapy. Please call us at (515 241-8550 Des Moines, 515 963-7924 Ankeny, 515 225-6212 West Des Moines) to tell us your child is ill.

<b><u>Disease:</u></b>	<b><u>Return to therapy</u></b>
<b>Chicken Pox</b>	After all of the pox are dry and crusted.
<b>Cough/Cold</b>	When cold symptoms (runny nose, cough) are no longer bothering your child and there is no fever.
<b>Diarrhea</b>	24 hours after the diarrhea has stopped
<b>Fever (more than 100.3)</b>	24 hours with a normal temperature (less than 100.3)
<b>Fifth's Disease</b>	After diagnosis (once rash appears you are usually no longer contagious.) A patient in known aplastic crisis should avoid therapy for a minimum of one week post symptom onset.
<b>Hand-foot-mouth Disease</b>	After open, draining sores on the hands or in the mouth have healed and are closed over
<b>Head Lice</b>	24 hours after treatment begins
<b>Impetigo</b>	24 hours after antibiotics are started
<b>Pink Eye/Conjunctivitis</b>	24 hours after antibiotics are started
<b>Ringworm</b>	After treatment begins
<b>Scarlet fever, Scarletina (strep throat, group A strep)</b>	24 hours after normal temperature (less than 100.3) and on appropriate antibiotics for 24 hours
<b>Tonsillitis or strep throat</b>	24 hours after normal temperature (less than 100.3) and on antibiotics for 24 hours
<b>Vomiting</b>	24 hours after vomiting has stopped