



May 2017

I need my child's therapy reports.

You have a right to your child's therapy records and we are happy to help you get copies of them.

We do need to follow specific procedures in order to guarantee that your information is kept secure.

For this reason we need a written record of where and when the records have been distributed. We are required to have a release of information on file for the recipient, whether that is an organization or yourself.

Our clinics can provide the release of information form, however the reports **NEED** to be obtained through medical records.

Please call medical records at **515-241-6857** to obtain your child's records. Please give advanced notice as same-day pick-up may not be available or they will be sent via the mail.

Community Resource Spotlight: Courage League Sports!

Populations and ages that you serve: Ages 2-82 living with a physical, cognitive or emotional disability. 60% of our participants are on the autism spectrum.

Cost to families: \$55 monthly membership. \$65 for 10-visit punch card. \$6.00 drop-in rate.

Location(s) services are provided: Urbandale gym. We travel throughout Central Iowa to play with partners at their location upon request. We also travel the state providing Adaptive Days on Saturdays for Iowans living with a disability.

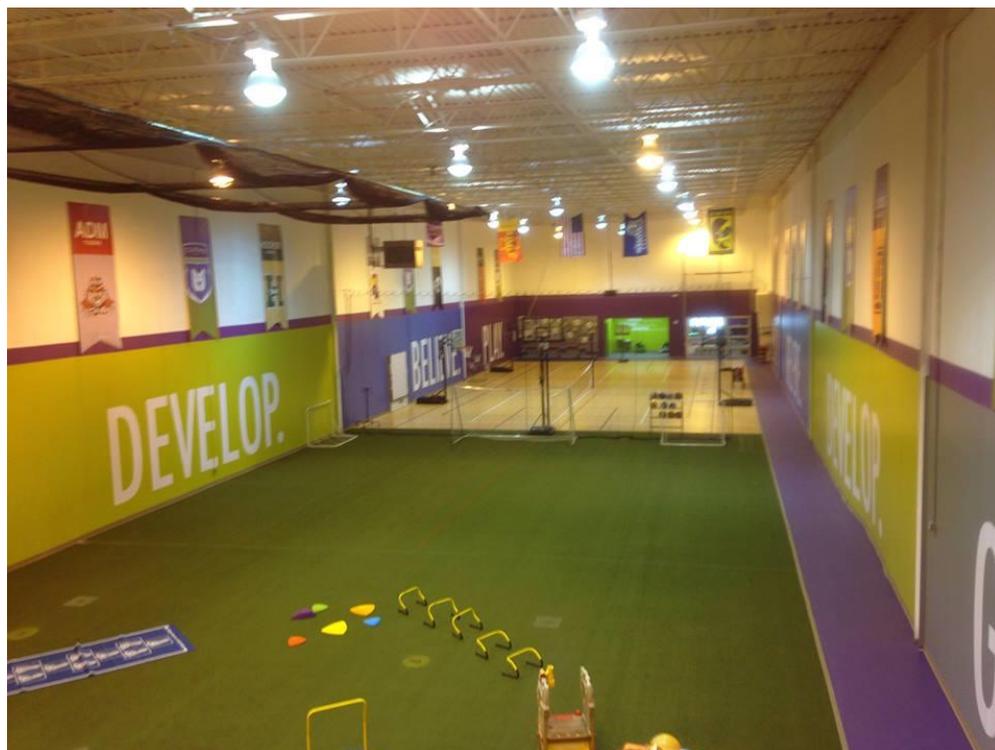
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Courage League Sports is an organization that offers adaptive recreational opportunities specifically designed for those not able to go "full speed" due to disability, illness or emotional challenges. Our programs provide an opportunity to play in sports leagues, participate in group classes or play around during open gym nights at everyone's own skill level. We operate an adaptive gym in Urbandale and strive to provide a safe and inclusive environment for those with a physical, cognitive, or emotional disability of any age and encourage participants to have fun while exercising outside of a therapy atmosphere.

Courage League is one of the only all-inclusive adaptive sports and recreational facilities in the country that offers year-round programming and activities. Our goal is ensure our participants will participate no matter their ability and age.

We see an average of 1000 children and 500 adults in our Urbandale, Iowa gym monthly and have grown to offer opportunities, such as Adaptive Sports Days, throughout the state designed with our special population in mind. Sixty percent of our participants are on the autism spectrum and we continue to have more adult groups participate in recreational activities with us.

The Courage League program staff have therapeutic backgrounds and continuously review and adapt our activities based on our participants' ability levels – be it physical, cognitive or emotional disability. While we focus on physical movement, we also emphasize social and emotional support in everything we do. We encourage everyone to come play with us because we know this simple act can be life-changing for those with a disability. At Courage League, we enjoy building relationships with participants and are able to adapt any recreational or sport activity to find new and fun ways to get fit. We feel strongly that everyBODY deserves to play.



Participation Agreement

We have been renewing the participation agreement forms this year and catching those who didn't receive one last year. These initially were explained with our blue therapy folder and in an effort to save paper, the renewal was signed on laminated paper and then scanned into your child's record.

We'd like to highlight a few key points.

The agreement encourages a partnership between therapist and caregivers. Your therapist will strive to provide the best individualized care for your child and incorporate you in their progress through home programming. This partnership is essential for your child to make therapy gains and we strive to accommodate your individual needs as best as possible.

Communication is also a key component to the participation agreement in the following ways:

- Please continue to inform the front desk staff of cancels, illnesses, or a need for a new therapy time. Regular attendance is important for therapeutic gains however we do understand illness and life events occur.
- Please inform the front desk staff of changes in address, phone numbers, and insurance policies promptly.
- Should you wish to take a photo or record a video, the therapist must be informed before it's taken and give permission. This is due to HIPPA and UnityPoint's video/photo policy to ensure every family's and therapist's right to privacy. If the therapist agrees to the picture, they will make sure other individuals are not included both visually and/or audibly and that all necessary paperwork is signed.