Blank Children’s Pediatric Therapy offers treatment for kids of all ages who may be in the hospital or who are living at home and come to see us in one of our clinics. Our services include audiology, occupational therapy, physical therapy and speech/language therapy.

Blank Children’s Pediatric Therapy provides treatment in blocks, or episodes, of care to help families balance the needs of their family with the needs of the child in therapy. Without rest breaks away from therapy, kids can get tired of coming to see us. Taking breaks helps them practice what they have learned in therapy by using their new skills at home, at school and in other places.

We work with your family, teachers and others to help your child be their best self.

blankchildrens.org

A service of UnityPoint Health® – Des Moines.
Our Services

Audiology
Audiologists test your hearing. If you think your child is not hearing well, we can test it by using sounds or by playing games to see how they react. Hearing tests for babies are done while they are in the hospital sleeping. These tests are painless and take only a couple of minutes. If a child needs help to hear better, hearing aids may be needed. When a child receives a hearing aid, audiologists manage the fitting and adjustments of the device. We can also talk about other things that can help children hear better.

Occupational Therapy
Occupational therapists (OTs) help kids do as much as they can for themselves in all areas of their lives. OTs look at small movements, strength and coordination that help with self-care. They also test seeing, writing and how a child plays alone and with others. Kids may need us if they have been hurt or have been sick and become weak. Some kids don’t like bright lights, loud noises or certain clothes. We are experts in looking at how a child understands and reacts to the world around them. We also help children who don’t eat well by slowly giving more options. We work with teachers and other therapists to limit physical barriers and get your child equipment they may need to be their best self.

Physical Therapy
Physical Therapists (PTs) help children learn to move better or with less pain. If your child isn’t keeping up with their friends, we will help teach them how to roll, crawl or walk. If your child has pain with a sport or activity, we will work with you to figure out why and change or improve the way he or she moves so they can keep doing what they love!
Physical therapists test strength, alignment, ability to move and activity tolerance. We are trained to make therapy feel like play and use activities that interest your child. When this play is also done at home, your child will live their very best life!

Speech/Language Therapy
Speech therapists help kids of all ages talk and communicate better. We test speech, feeding and swallowing and look for problems with the muscles of the mouth, the tongue or the jaw that might make these things hard. We look at how well a child understands words, follows directions, remembers or solves problems. We work with kids to help them speak clearer or to put words together to communicate better.

Family-Centered Treatment
The focus of therapy is to meet your child’s unique needs so they can be their best self and to make things better for both you and your child. We work together with your family, the doctor and teachers to make a treatment plan. The plan will include fun learning activities that will be done one-on-one with a therapist and also with you at home. Part of the plan might be to get special equipment for moving or talking.