

Sharing • Healing • Inspiring • Nurturing • Enduring

S.H.I.N.E.

PEDIATRIC PALLIATIVE CARE

Resources for Grieving Families

SHINE Palliative Care: Blank Children's Hospital's palliative care program for perinatal and pediatric patients and families. blankchildrens.org/shine

Caring Bridge: Create an online site that helps you stay connected with family and friends. This site can be your personalized journal. It is a protected site. caringbridge.org

On-Line Resources: These on-line sites provide grief education and resources.

- **A Place to Remember:** Provides support materials and resources for those who have been touched by a crisis in pregnancy or the death of a baby. aplacetoremember.com
- **Bereaved Parents of the USA:** A nationwide organization designed to aid bereaved parents and their families who are struggling to survive their grief after the death of a child. bereavedparentsusa.org
- **Centering Corporation:** A non-profit organization dedicated to providing education and resources for the bereaved. Their goal is to help grieving people and those who care for and loved them by providing grief literature. centering.org
- **Crisis, Grief, and Healing:** Discussion boards to speak with other grieving parents. webhealing.com
- **Faces of Loss:** Faces of Loss, Faces of Hope is a place for women to come together who have lost a child, to share stories and faces with others who may be looking for reassurance that they are not alone. facesofloss.com/
- **First Candle:** First Candle helps support families that have experienced the sudden and unexpected death of a baby. First Candle, along with others who have traveled this road before you, are here to help you through the difficult time following the death of your baby. firstcandle.org
Grief Counselors are available 24/7 at 1 (800) 221-7437.
- **Grieving Dad's Project:** A website for grieving men and fathers. grievingdads.com

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blankchildrens.org/shine



Resources for Grieving Families (continued)

- **Hamilton's Academy of Grief and Loss:** Hamilton's Academy of Grief and Loss offers a wide variety of resources available to you and your family as you begin to work through your grief. They keep an updated listing of current grief and support resources available in Iowa. This includes support groups, counseling services, and other available resources for persons of all ages. www.hamiltonsfuneralhome.com/academy/
- **Healing Hearts:** A website with numerous grief resources for the loss of a baby. babylosscomfort.com/grief-resources/
- **Iowa SIDS Foundation:** This site contains a resource list for families. iowasids.org/grief/grief.htm
- **March of Dimes:** Information and access to grief and bereavement support for parents who have lost a baby. marchofdimes.com/baby/loss.html
- **Mommies Enduring Neonatal Death (MEND):** MEND is a Christian non-profit organization that reaches out to families who have suffered the loss of a baby through miscarriage, stillbirth, or early infant death. mend.org/support/home.asp
- **Mothers in Sympathy & Support (MISS):** The website provides support to those experiencing a perinatal loss. Connections to forums and group support is available through this website. Spanish resources are also available. misschildren.org
- **North Dakota Health Department:** This site contains information for parents, grandparents, and children after the loss of an infant. It contains information on planning a funeral, resource links, books, pamphlets, etc. A copy of *The Death of a Child, The Grief of the Parents: A Lifetime Journey* may be downloaded. ndhealth.gov/sids/griefinformation.htm
- **Open to Hope:** An informative website with varying articles on different types of loss (loss of child, pregnancy, sibling, spouse, parent, and others). opentohope.com
- **Remembering our Babies:** The official site of Pregnancy and Infant Loss Remembrance Day. The site offers support, education, and awareness for those who are suffering or may know someone who is suffering the loss of an infant, stillborn, ectopic pregnancy, or miscarriage. october15th.com/
- **Share Pregnancy & Infant Loss:** SHARE is a not-for-profit nondenominational organization providing support to those whose lives are touched by the tragic death of a baby through early pregnancy loss, stillbirth or newborn death. nationalshare.org/
- **The Compassionate Friends:** The Compassionate Friends is a national non-profit, self-help support organization which offers friendship and understanding to families who are grieving the death of a child of any age, from any cause. compassionatefriends.org/
- **The Dougy Center:** The Dougy Center is a privately supported non-profit organization. The National Center for Grieving Children and Families provides support to children and families grieving the death of a loved one. dougy.org
- **The Solace Foundation:** A non-profit organization that offers comfort and support to bereaved parents after a pregnancy or infant loss. thesolacefoundation.org