

## Linear Growth Measurement Instruments

### Length Measurement Instruments (Length Boards) – Necessary Components

- Firm, flat horizontal surface
- Stationary headboard at 90° angle to horizontal surface
- Smoothly movable footboard at 90° angle to horizontal surface
- Attached ruler marked in millimeter increments
- Never use a tape measure method (inaccurate & unreliable)

### Height Measurement Instruments (Stadiometers) – Necessary Components

- Vertical surface to stand against
- Movable horizontal headboard at 90° angle to vertical surface
- Footboard or firm, uncarpeted surface to stand on
- Attached ruler marked in millimeter increments
- Never use a wall chart or a floppy-arm device mounted to weight scales (inaccurate & unreliable)

## Sources for Measurement Instruments

### Ellard Instrumentation

14253 169<sup>th</sup> Dr. SE, Suite 685

Monroe, WA 98272

Tel: (360) 805-5406

Fax: (360) 805-2877

[www.ellardinstrumentation.com](http://www.ellardinstrumentation.com)

### Seritex Inc.

59 Casino Drive

Farmingdale, NJ 07727

Tel: (973) 472-4200

Fax: (973) 472-0222

[www.seritex.com](http://www.seritex.com)

### Perspective Enterprises

7829 S. Sprinkle Road

Portage, MI 49002

Tel: (269) 327-0869

Fax: (269) 327-0837

[www.perspectiveent.com](http://www.perspectiveent.com)

### Shorr Productions

17802 Shotley Bridge Place

Olney, MD 20832

Tel: (301) 774-9006

Fax: (301) 774-0436

[www.shorrproductions.com](http://www.shorrproductions.com)

### Seca Corporation

1352 Charwood Road, Suite E

Hanover, MD 21076

Tel: (410) 694-9330

Fax: (410) 694-9680

[www.seca-online.com](http://www.seca-online.com)

### Stadiometer.com

P.O. Box 1052

Snoqualmie, WA 98065

Tel: (866) 500-9808

[www.stadiometer.com](http://www.stadiometer.com)