

CONFERENCE LOCATION

Virginia Thompson Auditorium is located in the Education and Research Center at 1415 Woodland Avenue, Des Moines, IA 50309, on the Blank Children's Hospital/Iowa Methodist Campus. Park in the south section of the parking garage and take the south elevators down to level G.



HOTEL ACCOMMODATIONS

You are welcome to make arrangements at any hotel. For your convenience, we have included the names of a few hotels close to the conference site.

Marriott Hotel (800) 228-9290 700 Grand Ave. Des Moines, IA	Quality Inn & Suites (515) 282-5251 929 3rd Street Des Moines, IA	Renaissance Savery Hotel (515) 244-2151 401 Locust St. Des Moines, IA	Hotel Fort Des Moines (515) 243-1161 1000 Walnut St. Des Moines, IA
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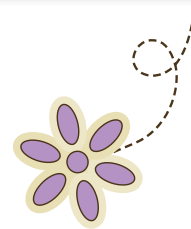
UnityPoint Health - Des Moines
1200 Pleasant Street | Des Moines, IA 50309



35th Annual
COOPERATIVE CAREGIVING:

Maternal AND Newborn Essentials

CONFERENCE



TUESDAY, SEPTEMBER 25, 2018

Education and Research Center
Thompson Auditorium
1415 Woodland Ave.
Des Moines, Iowa



35th Annual COOPERATIVE CAREGIVING:
Maternal AND Newborn Essentials
CONFERENCE

PURPOSE

To enable the learner to apply evidence-based information to care of the perinatal family.

INTENDED AUDIENCE

Nurses and other interested healthcare professionals in obstetrics, neonatology, pediatrics and family practice.

LEARNING OUTCOMES

At the completion of this program, the participant should be able to:

1. Outline resources to assist in creating a diverse yet safe environment in the hospital setting.
2. Recognize updated evidence-based approaches to nursing care of the perinatal/neonatal family that improve patient outcomes.
3. Identify recent changes in healthcare that affect the maternal-newborn dyad.

CONTINUING EDUCATION CREDIT

IBON Provider #31, UnityPoint Health® - Des Moines, awards 6.75 contact hours for full attendance.

AGENDA

- 7:30 a.m. Registration
- 8:20 a.m. Welcome & Opening Announcements
Stephen Stephenson, MD, President, COO, Blank Children's Hospital & Women's Services
- 8:30 a.m. **Intrauterine Drug Exposure: Testing, Interpretation & What to do Next**
Discuss available drug tests for newborns, interpreting results when a newborn is born positive for drugs and how to manage positive drug screen results.
Regina Butteris, MD, FAAFP, Medical Director, Child Protection Center, Unity Point Health – St. Luke's Hospital
- 9:30 a.m. **Everyone's Welcome: Creating a Safe and Welcoming Environment for LGBTQ Families**
Increase awareness and knowledge in caring for LGBTQ families.
Daniel Hoffman-Zinnel, Executive Director, One Iowa
- 10:45 a.m. Break / Exhibits

11:00 a.m. Breakout Sessions (choose one)

- A. Riding the Roller Coaster of Fetal Heart Tones During Labor**
Analyze fetal heart rate patterns and uterine activity for fetal well-being through case study analysis.
Melanie Hermann, MSN, ARNP, RNC-OB, CNS-BC, Perinatal Clinical Nurse Specialist, UnityPoint Health – Des Moines
Mickie Byers, RN, BSN, Staff Nurse, Iowa Lutheran Maternity Center, UnityPoint Health – Des Moines

- B. Tipping the Scales Towards Health: Cultural Views on Newborn Feeding**
Utilize a best practice approach for breastfeeding support while continuing to support the unique diversity of the family culture.
Heidi Fahler, RN, BSN, IBCLC, NICU and Lactation Services, Blank Children's Hospital

12:00 p.m. Lunch (Thank you Abbott Nutrition for your lunch contribution)

1:00 p.m. Breakout Sessions (choose one)

- A. Thinking Sepsis? Balancing the Risk for Sepsis with Antibiotic Stewardship**
Describe the delicate balance between treating and not treating with antibiotics when the baby is at risk for infection.
Samir Alabsi, MD, Director of Neonatology, Blank Children's Hospital

- B. Improving Care in the Fourth Trimester: Preventing Maternal Readmissions**
Review strategies to help prevent maternal readmission following delivery.
Erin Lehman, MD, Obstetrics and Gynecology, UnityPoint Clinic – Des Moines
Chelse Talton, Patient Care Tech, Methodist Maternity Services, UnityPoint Health – Des Moines

1:45 p.m. Break / Exhibits

- 2:00 p.m. **I Didn't See This in the Job Description: Tackling Violence in the Hospital**
Discuss your role and options during an active shooter.
Mike Wilwol, Manager of Department of Public Safety, UnityPoint Health – Des Moines
Scott Draper, Risk Manager & Safety Officer, UnityPoint Health – Des Moines

- 3:30 p.m. **What Color Do You Bleed: Bridging the Nursing Communication Gap**
Discover your communication style and the impact it has on your team and patient care.
Reylon Meeks, RN, MS, MSN, Nurse Manager, Blank Children's Hospital

4:45 p.m. Evaluations / Adjourn



COMMITTEE MEMBERS

Sarah Copple, MSN, RNC-MNN
Jessica Dinh, BSN, RN
Roxan Hammer, BSN, RNC-NIC

Nikki Ottenbacher, BSN, RN
Brenda Walker, MSN, RNC-NIC
Ann Witt, BSN, RNC-OB

MORE INFORMATION

Questions regarding the conference can be directed to Jessica Dinh at Jessica.Dinh@unitypoint.org or (515) 241-3537.

Sponsoring facility reserves the right to cancel the program if there are insufficient registrations. No alterations to the conference faculty or schedule are anticipated, but we reserve the right to make changes if necessary.

EMERGENCY CONTACT INFORMATION

The emergency phone number during the conference is (515) 991-1132.

ONLINE REGISTRATION ONLY

\$35 - RN Nursing Students*	\$70 - UnityPoint Health – Des Moines Employees
\$55 - Retired Nurses	\$80 - Other Attendees

* Student discount applies only to full-time nursing students who do not currently hold a registered nursing license. Student identification or proof of enrollment will be requested when you check in at on-site registration.

Registration is online only. Go to blankchildrens.org/classes, click on the "Medical Conferences" category and pay the fee with a credit card.

Registration will close on Wednesday, September 19 at 10 a.m.

Registration substitutions are allowed. No refunds will be given. Any questions regarding this should be directed to Jessica Dinh at (515) 241-3537 or Jessica.Dinh@unitypoint.org

