August Cafeteria Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	Roasted Turkey 3.00 Philly Steak 4.50 (sub bun, Swiss, sautee pepper& onions) Mashed Pot.& Gravy .75 Green Beans .75	Beefy Nacho's 4.00 Chef Salad 4.50 (turkey, ham, roast beef, boiled eggs) California blend .75	Herb Crusted Cod 3.00 Cheeseburger 3.00 Baked Potato 1.00 Carrots.75	Hot Roast Beef Sand3.50 Grilled Chic. Sand. 3.00 Mashed Pot. & Gravy.75 Mixed Vegetables.75	Beef Ravioli w/Marinara 3.50 Tuna Salad Croissant3.50 Bread Stick .40 Corn .75	Fish Sandich3.50 Mac & Cheese 1.50(1scoop) Broccoli .75
7	8	9	10	11	12	13
Roasted Chicken3.00 (quarter) Baked Potato1.00 Green Beans.75	Chinese Bowl Day3.50	Chicken breast 4.00 w/marinara and Moz. Over pasta Fish Strips .75each Potato Wedges1.00 California Blend.75 Garlic Bread Stick.40	Pork Loin3.00 Fish Sandwich3.50 Baked Sweet Potato1.00 Corn.75	Quesadilla Day 4.00 Beef Or Chicken Pepper, Onions, Cheese Guacamole, Salsa, Sour Cream	Corn Dog 2.50 Sloppy Joe Sand.3.00 French Fries 1.00 Onion Rings1.50	Chicken Strip .75 each Curly Fries 1.00
14	15	16	17	18	19	20
Hot Roast Beef Sand3.50 Mashed Pot.&gravy.75 Carrots.75	Grilled Pork Chop3.00 Chicken Philly4.00 (fajita chicken, swiss, sautee onion& pepper on pretzel bun) Mac & Cheese1.50(scoop) Corn .75	Spaghetti & meat Balls 3.50 Turkey Burger3.00 French fries1.00 Broccoli .75 Garlic Bread Stick.40	Mexican Day Soft Shell3.50 or walking taco 3.00 Taco meat, fajita chicken , sour cream Fajita Veg., Salsa, Shred. lettuce Spanish Rice.75 Refried Beans.75	Roast Beef 3.00 Egg Salad Croissant3.50 Mashed Pot.& Gravy.75 Roasted Brussel Sprouts 1.00	Roasted Chicken3.00 (Quarter) Grilled Tomato& Basil on Sourdough 3.00 Au Gratin Potato 1.00 Green Beans.75	Tenderloin 3.50 French Fries1.00
21	22	23	24	25	26	27
Roasted Turkey 3.00 Mashed Pot. & Gravy.75 Green Beans .75	Meatloaf 3.00 Pork Carnita 4.00 (Pork carnita, swiss, sautee pepper & onion on pretzel bun) Cheesy Hash Brown Cass. 1.00 California Blend.75	Pizza 2.50 Chips & Ranch Dip 1.00 Root Beer Float 1.50 From 1:30 to 2.30	Baked Potato Bar3.00 Hot Dog Bar 3.00 Chili Con Carni Cheese Sauce Ham Broccoli French Fries1.00	Tator Tot Casserole3.50 Chicken Fiesta Salad 4.50(corn, beans, pico) Green Beans.75	Cheese Tortellini w/ Marinara 3.50 BBQ Beef Sand. 3.00 Tator Tots 1.00 Broccoli.75 Bread Stick.40	Chicken Fajita3.50 Spanish Rice1.00 Refried Beans .75
28	29	30	31			
Roast Beef 3.00 Mashed Pot.& Gravy.75 Roasted Brussel Sprouts 1.00	Tenderloin 3.50 Pizza Burger 3.00 Onion Rings 1.50 French fries 1.00	Beef & Noodles 3.50 BBQ Chicken Sand.3.00 Potato Wedges 1.00 California Blend.75	Pasta Day3.50 Beef , Chicken , Bacon Peas, Sautee Onion, Fresh Spinach, chopped tomatoes Marinara, Alfredo , cheese sauce Bread Stick .40			