



44th Annual Perinatal Conference

Wednesday, May 9, 2018

UnityPoint Health – St. Luke's Auditorium
2720 Stone Park Blvd., Sioux City, Iowa



Check-in: 8 AM

Conference: 8:30 AM - 4:00 PM

Purpose

This annual conference is designed to enhance patient outcomes by providing current information on obstetrical and newborn care practices for perinatal healthcare professionals.

Target Audience

Nurses, nurse practitioners, family medicine physicians, obstetricians, pediatricians, neonatologists, residents, midwives, students and other allied health professionals interested in prenatal and perinatal care.

Featured Speakers

Raul C. Banagale, MD

Neonatologist, UnityPoint Health – St. Luke’s
Sioux City, IA

Robert G. Bonebrake, MD, FACOG

Perinatologist, Maternal-Fetal Medicine Methodist Health System
Omaha, NE

Shirley F. Delair, MD, MPH

Pediatric Infectious Disease Specialist, University of Nebraska Medical Center
Omaha, NE

Alfred D. Fleming, MD, FACOG

Chairman Dept. of Obstetrics & Gynecology, UnityPoint Health – St. Luke’s
Director, Maternal-Fetal Medicine, UnityPoint Health – St. Luke’s
Sioux City, IA

Andrew Huang, MD

Pediatric Gastroenterologist, University of Nebraska Medical Center
Omaha, NE

Mary T. Schneider, MD, FACOG

Obstetrician/Gynecologist, Siouxland Women’s Health Care
Sioux City, IA

General Information

Nursing credit: 6.0 Upon completion of the entire program, each nurse will be granted 6.0 contact hours by UnityPoint Health - St. Luke’s. St. Luke’s is approved by the Iowa Board of Nursing as a provider of continuing education for nurses. Iowa Provider #40. No partial credit will be granted.

CME Category 1:



CME Category: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Iowa Medical Society (IMS) through the joint providership of UnityPoint Health - Des Moines and UnityPoint Health – St. Luke’s. UnityPoint Health - Des Moines is accredited by IMS to provide continuing medical education for physicians.

UnityPoint Health - Des Moines designates this live activity for a maximum of 6.0 *AMA PRA Category 1 Credit™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

AAFP: Application for CME Credit has been filed with the American Academy of Family Physicians. Determination of credit is pending

Other Professionals: 6.0 attendance hours

To receive an update on the credit status identified as pending please call 712-279-8941 or email naomi.holtz@unitypoint.org.

Registration Information

Registration: Register early by **April 25** to be eligible to win a \$50 gift card

Register online at: unitypoint.org/professional-education

Fee: **\$89/ \$99 – after May 2.** Registration fee includes lunch, breaks, instructions, course material and recording of continuing education credit. When you register online you will receive a confirmation email.

Cancellations/ Refunds/Transfers: A full refund will be made upon request, provided the notice of withdrawal is made after 4:30 p.m. on Wednesday, May 2, 2018. No refunds after May 3. St. Luke's reserves the right to cancel the conference. A full refund will be made if St. Luke's cancels the conference. If cancellation is necessary, registrants will be notified by email and on the conference webpage at unitypoint.org/professional-education. Cancellation announcements will be made over area television stations. Your registration may be transferred to another individual. For further assistance, contact the Department of Education and Lifelong Learning at (712) 279-8941 or email naomi.holtz@unitypoint.org.

Conference Agenda

- 8:00 a.m.** Final Registration, Continental Breakfast and Exhibits
- 8:30 a.m.** **Addressing the Growing Problem of Pregnant Women with Substance Use Disorder**
Robert G. Bonebrake, MD, FACOG
- 9:30 a.m.** **Postpartum Hemorrhage: Prevention and Treatment of Maternal Complications**
Alfred D. Fleming, MD, FACOG
- 10:30 a.m.** Break and Exhibits
- 10:45 a.m.** **Gestational Diabetes Mellitus: An Update on Diagnostic and Treatment Guidelines**
Mary T. Schneider, MD, FACOG
- 11:45 a.m.** Lunch and Exhibits
- 12:45 p.m.** **Interactive Obstetric and Neonatal Case Studies**
Raul C. Banagale, MD
Alfred D. Fleming, MD, FACOG
- 1:45 p.m.** **HSV and CMV Neonatal Infections**
Shirley F. Delair, MD, MPH
- 2:45 p.m.** Break and Exhibits
- 3:00 p.m.** **Management of Common Infant Feeding Intolerances and Reflux**
Andrew Huang, MD
- 4:00 p.m.** Conclusion and Awarding of Certificates

Objectives

At the conclusion of the program participants should be able to:

- Describe the effects of substance use disorder on pregnancy, infants and pregnancy outcomes
- Describe the breath of substance use disorder in pregnancy
- Discuss elements of care for pregnant women with substance use disorder
- Identify the most common causes of postpartum hemorrhage
- Describe the treatment to be employed for uterine atony
- Discuss steps to avoid the disastrous maternal condition of placenta accrete
- State the maternal and fetal complications of Gestational Diabetes Mellitus (GDM)
- Identify the screening methods, diagnosis, and maternal and fetal monitoring of the GDM patient
- List the non-pharmological and drug therapies for GDM
- Discuss the postpartum management and counseling of the woman with a history of GDM
- Review the clinical symptoms , maternal care and treatment of the pregnant woman with the diagnosis of chorioamnionitis
- Discuss the growing problem of late preterm birth, associated maternal risk factors and obstetrical indications to prevent late preterm pregnancy-related complications
- Recognize the common maternal problems that may affect the health of the fetus
- List the presenting signs and symptoms of fetal health conditions caused by maternal health problems
- Identify appropriate treatment modalities for various fetal health conditions
- Identify the risk factors and ways to reduce them for Neonatal Herpes Simplex Virus Infections (HSV)
- Discuss the diagnosis and treatment, including antiviral therapy for HSV
- Review the post-partum care and management of women and family members with HSV
- Relate the importance of newborn hearing screening and intervention for congenital cytomegalovirus (CMV)
- Compare the conditions of GER and GERD
- Explain the diagnostic and ancillary tests for GERD
- Update on the different medications available to treat GER and GERD
- Review the differential diagnoses for GERD and feeding intolerances