






Acute Abdominal Pain



| Legend | |
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|  | EMR |
|  | EMT |
|  | Intermediate |
|  | Paramedic |
|  | Medical Control |

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| EMR | <ol style="list-style-type: none"> 1. Place patient in a position of comfort. 2. Oxygen: Titrate SpO2 to 94-99% 3. Reassess patient and reassure patient and family. 4. Check and record vital signs every 5 minutes if severe pain or 15 minutes if minor to moderate pain until the transporting unit arrives. | EMR |
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| EMT | <ol style="list-style-type: none"> 1. Continue EMR care. 2. Apply cardiac monitor and obtain 12-lead EKG if indicated by chief complaint (upper abdominal and generalized pain over the age of 35), and transmit to receiving facility (if equipped). It is beyond the scope of the EMT to monitor or interpret 12-leads or cardiac rhythms. 3. Initiate ALS intercept, if indicated. 4. Zofran: 4mg ODT for nausea and vomiting 5. Contact receiving hospital as soon as possible or Medical Control if necessary. | EMT |
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| I | <ol style="list-style-type: none"> 1. Continue EMT care. 2. Initiate IV Normal Saline 20 mL/kg ml fluid bolus if patient is hypotensive to achieve systolic BP of at least 100 mmHg. 3. Zofran 4 mg IV over 2 minutes or IM for nausea & vomiting. 4. Fentanyl 50 mcg SLOW IV push. If no relief, you may repeat x 1 for total dose of 100mcg. Fentanyl 50 mcg IN, if unable to access IV. May repeat x 1 for total dose of 100 mcg. 6. Consider ALS intercept should the situation warrant additional medication. 7. Contact receiving hospital as soon as possible or Medical Control if necessary. | I |
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| P | <ol style="list-style-type: none"> 1. Continue EMT-I care. 2. Fentanyl 50 mcg SLOW IV push. If no relief, you may repeat x 1 for total dose of 100mcg. Fentanyl 50 mcg IN, if unable to access IV. May repeat x 1 for total dose of 100 mcg. If fentanyl ineffective, give Dilaudid 0.5-1.0mg IV/IO over 2-5 minutes. May repeat in 5 minutes, max dose of 2mg. SBP must be >100mmHg. 4. Contact receiving hospital as soon as possible or Medical Control if necessary. | P |
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- Patients with known renal failure, the Fentanyl dose must be reduced to 25mcg. The dose may be repeated X 1 to a maximum dose of 50mcg.
- Do not allow patient to eat or drink.