Grandview Expansion Celebrates Phase II Construction Completion

UnityPoint Health – Dubuque continues to remain at the forefront of medical excellence by strengthening the ways in which we provide quality, coordinated care for Dubuque and the Tri-State communities. As we approach the 3rd anniversary of UnityPoint Health – Finley Hospital’s groundbreaking event of the Grandview Expansion Project, it’s with great excitement to share news of our recent Phase II completion.

Finley Hospital’s new Babka Surgery Center officially opened for patient care on Monday, April 3. This milestone event brings us one step closer in becoming an even stronger health care organization that provides coordinated care on levels that consistently provide the Best Outcome Every Patient, Every Time.

In May of 2014, the preliminary groundbreaking event took place for our Grandview Expansion Project. The 70,000 square foot, 3 story facility that now houses Finley’s new heart and vascular center, surgery department, and emergency department, opened its doors to the community last summer upon completion of Phase I of the project.

Phase II of this historic project included renovating the former area of the hospital that housed Finley’s OR suites. This area, the Babka Surgery Center, now holds 20 pre- and post-operation recovery rooms, an enlarged family waiting area, 2 family consultation rooms, as well as an eye and laser room. In addition to the renovation work in Phase II of the project, much needed mechanical equipment upgrades took place during this phase, which has resulted in an updated air handling unit serving the Babka Surgery Center and other department areas throughout 1st and 3rd floors.

All in all, this new Babka Surgery Center may measure out to be 13,000 square feet, but the care that’s to be provided in this new area is unmeasurable.

At UnityPoint Health – Finley Hospital, we’re not just proud of our history and what this new space means for our community. We’re also just as proud of our team members and medical staff who work hard each and every day to provide the best coordinated care for our community. The opening of this new space allows our team members to uphold the promise we made to our community over 125 years ago – to do everything we can to improve the health and wellbeing of the people and communities of the Tri-State area.

The transition to Phase III - the final phase of the Grandview Expansion Project - is well underway, with this portion of the project to near completion in the winter of 2018. Stay tuned to Finley Focus newsletter for additional information and construction updates on our historic Grandview Expansion project!
Remaining a Committed Team - A Closer Focus on Senior Rounding

One of the four Key Performance Areas of our new strategic Roadmap includes the importance of a committed team. Our UnityPoint Health – Dubuque team members showcase on a daily basis the countless number of ways they remain committed to our mission, vision, patients, and community. The recent implementation of our senior team rounding is one of the many ways that we’re able to remain committed as one team focused on providing the Best Outcome Every Patient, Every Time.

Senior Team Rounding is...
- A great opportunity for senior team leaders to seize opportunities in ways that allow them to get to know team members.
- Allows us recognize the ways in which we foster unity and recognize our team members.
- Encourages front line team members to own the moment when reflecting on daily work and how it aligns with our organization’s mission, vision, values, and Roadmap initiatives.
- Shares overall UnityPoint Health – Dubuque information with team members in a ways that encourage unity, while eliminating “we” or “they” mentalities.
- Supports the director and/or manager of the department.
- Allows senior team leaders to learn more about the work done in specific departments, and how we collectively foster unity for our patients and community.
- Allows us to recognize our commitment to championing excellence when managing up leaders of departments, providers, other department team members, or other leaders.

Senior Team Rounding is not...
- An opportunity to ask senior team members for department specific items, as this needs to be followed up by department leaders.
- A part of your day that takes away time from staff or leaders. Rounding sessions last around 10-15 minutes, and contribute to our Roadmap and FOCUS value commitments.

Goals of Senior Team Rounding includes...
- Building relationships by getting to know team members and their lives outside of work.
- Building trust with team members by answering questions, and asking leaders of departments to follow up on specific items or discussions/questions brought up.
- Providing recognition and gratitude to team members and volunteers for the service they provide to our patients and community.

Senior Team Rounding events continue to have a positive impact on our UnityPoint Health – Dubuque team. Whether meeting with specific departments in staff meetings, doing walkthroughs of specific department areas with department leaders, our senior team remains committed to maintaining our organization as a place where leaders want to lead, physicians want to practice, staff want a career, and patients must have their care.

For more information on Senior Team Rounding, please contact Karla.Waldbillig@unitypoint.org.

Watch Your UnityPoint Health Email Inbox!
Upcoming TB Mask Fitting Dates

UnityPoint Health – Dubuque team members are reminded that Hospital Validation Fair events will not be occurring this Spring or Fall.

Validation requirements will now be offered on a department-by-department level as communicated by Education Department staff. Team members are asked to stay tuned to their UnityPoint Health email inboxes for validation requirements.

TB mask fittings will begin the week of April 10 for all team members that are due before the end of April. For the remainder of staff, there will be multiple opportunities throughout the year to complete this requirement. Those who will need to complete a required TB mask fitting will be notified via email by UnityPoint Health – Dubuque’s Education Department staff.

If you know that you are due to complete your TB mask fit testing this April, please complete the Particulate Respirator Annual Medical Evaluation Form, as soon as possible, and return as instructed in the email that you received.

For more information, or questions, please contact Dana.OBrien@unitypoint.org.
Thinking of You...

Mike Vandermillen, RN, with 4 Med/Surg, is in our thoughts as his mother, Mary Catherine Vandermillen, passed away on March 30.

Open Forum Q&A Now Available

The Q&A discussion from the most recent Open Forum session, which occurred February 27 - March 2, is now available to view under the Tools & Resources page of UnityPoint Health - Dubuque’s intranet site.

MyUnityPoint - Online Scheduling Now Available!

As of April 4, online scheduling is now available for our patients and community members to schedule appointments with their UnityPoint Clinic primary care providers!

Patients who utilize our MyUnityPoint portal are now able to schedule appointments online with their primary care providers. This option is only available when scheduling appointments through MyUnityPoint with primary care providers located at our UnityPoint Clinic locations (family medicine and women’s health facilities).

My UnityPoint continues to be a strong resource for our patients. Allowing access to their personal health records, My UnityPoint allows patients to schedule appointments online, send a secure message to their care team, request a prescription refill, review their test results, and access health information of family members in their direct care.

Visit chart.myunitypoint.org to sign up, or for more information!

Reminder - Coordinating Food Delivery

Team members who order food from off-campus restaurant locations are reminded to contact the Switchboard after placing a food order to notify the team of who ordered the food, which department it needs to go to when it arrives, and the restaurant from which the food was ordered.

Oftentimes upon delivery of orders, offsite delivery members are unaware of the exact UnityPoint Health - Dubuque team member who placed a food order, as they were only given a first name. Finley’s Switchboard team then uses valuable time to locate where the delivery needs to go.

Thank you for your cooperation!

News & Announcements

April Volunteer Spotlight - JoAnn Becker

Join us in recognizing JoAnn Becker as April’s Volunteer Spotlight. Thank you, JoAnn, for being a part of our team!

Why do you choose to volunteer at UnityPoint Health Finley Hospital? I began volunteering at Finley at the suggestion of my sister-in-law after I retired. She currently works in Radiology.

What is your most memorable volunteer experience at Finley? My most memorable volunteer experience at Finley has been scheduling appointments for the SHIIP program. It was last fall on the first day that we started scheduling appointments for the annual open enrollment period for Part D of Medicare. Another volunteer office assistant and I scheduled over 90 appointments in 7 hours. The clients are grateful for this very worthwhile program.

What do you find most rewarding about your volunteer assignment? What I find most rewarding is the sense that I am productive and helpful to others. In one of the units, I put together packets and tear down old files. It’s easy work, but the clerk is very busy and has little uninterrupted time to get this done. By doing these tasks, the clerk is able to focus on the most important part of her job - the patients.

Who or what motivates you to volunteer? I’m motivated to volunteer as I like to be helpful to others, and I have the time to do it.

What do you do outside of volunteering at Finley (career, hobbies, interests, etc?) My husband and I are often visiting our children and grandchildren in Ankeny and Minneapolis. I am an avid walker and reader. I also crochet, and enjoy competing on a trivia team weekly. Occasionally, I substitute teach at Western Dubuque High School where I taught for 34 years.

Thank you, JoAnn, for all you do for our patients and community! Your dedication to Finley Hospital allows us to provide the Best Outcome Every Patient, Every Time!

JoAnn Becker
Volunteer - Wound Care and SHIIP Office
2010 - present
1,350 hours served

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Visit chart.myunitypoint.org to sign up, or for more information!
Selecting a primary care provider is a personal choice, however team members looking for a new provider are encouraged to make an impact on the growth of our organization by choosing from one of our new UnityPoint Health primary care providers for themselves and their families.

Access the link below to learn more about Brenda Husemann, ARNP, and UnityPoint Clinic Women’s Health. Stay tuned to Finley Focus newsletter for additional highlights of our primary care providers!

**A Closer Focus on Our Primary Care Providers**

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Access the link below to learn more about Brenda Husemann, ARNP, and UnityPoint Clinic Women’s Health. Stay tuned to Finley Focus newsletter for additional highlights of our primary care providers!

**Brenda Husemann, ARNP**

Brenda Husemann, ARNP is a women’s health specialist at UnityPoint Clinic Women’s Health in Dubuque. She provides women’s health services for the various stages of a woman’s life, beginning as an adolescent female and beyond. Husemann also sees patients for annual physicals, chronic and acute conditions, as a primary care provider.

Husemann really enjoys seeing patients for their annual wellness visits, working with patients on family planning and birth control options, as well as adolescent medicine. Husemann believes open communication with patients is the best way to achieve health and wellness goals. Husemann wants patients to be open with their questions and to know she will work to find the best options for any situation.

UnityPoint Health - Dubuque team members are reminded that parking located in front of the Grandview Clinic buildings, located next to the Grandview Expansion Building and near Finley Hospital’s parking ramp, are reserved for Grandview Clinic patients and visitors only (see map to left).

As outlined in the map to the left, parking areas located in front of Finley Hospital’s Emergency Department are reserved for patients and visitors of the Emergency Department.

In addition to this, the parking areas located near the hospital’s main entrance area are reserved for patients and visitors of Finley Hospital.

For more information, or any questions, please contact Dwight.Duckstein@unitypoint.org.

**Babka Surgery Center Open House Celebration**

UnityPoint Health - Dubuque celebrated the completion of our Grandview Expansion Project’s Phase II construction project on Thursday, March 30. Team members visited the new Babka Surgery Center, located on the 2nd floor of the hospital, and enjoyed self-guided walkthroughs of the new area. Members of our surgery department, as well as additional volunteers were on site to answer questions and act as resources for those attending tours.

Thank you to the UnityPoint Health - Dubuque team members who assisted in organizing and volunteering for this event!

The completion of the Babka Surgery Center strengthens our commitment to providing quality, coordinated care for our patients, families, and community members of Dubuque and the Tri-State communities.
As UnityPoint Health – Dubuque continues to advance its mission and vision, it is vital we fully deploy the proper leadership structure to support our team members, department leaders, providers and upcoming initiatives. We are pleased to announce several updates in our leadership structure. These changes come as a result of our efforts to become more efficient and effective in our operations as well as the re-evaluating our structure due to Dan Carpenter’s departure to UnityPoint Health System Services.

Tim Ahlers has assumed a dual role of Chief Financial & Operating Officer. To support him in this new role, we have posted an Executive Director of Finance position and promoted Carla Belken to the position of Executive Director of Hospital Operations. Jonathan Wilke, who recently joined our organization, will serve as our Director of Strategy. Jonathon’s responsibilities include strategic improvement, planning and best practice roles which were vacated by Carla Belken and Ryshawn Peer, who moved to the Waterloo region full-time. More information on these recent updates, in addition to others, can be found below.

**Jonathon Wilke, FACHE**, has joined UnityPoint Health - Finley Hospital as Director of Strategy. In this role, he will be responsible for strategy and best practice roles.

Wilke most recently was the Director of Business Development at Health Enterprises in Cedar Rapids. In this role, he implemented a labor management program, provided consulting services to member hospitals and managed marketing and business development initiatives. Prior to that, Wilke was the Director of Business Planning and Labor Efficiency at Ottumwa Regional Health Center in Ottumwa, IA.

Wilke has a master’s of healthcare administration from University of Iowa. He completed his bachelors of arts from University of Iowa. Wilke is a fellow of the American College of Healthcare Executives.

**Carla Belken, MSN, RN**, has been promoted to the position of Executive Director of Hospital Operations. In this role, Belken will assume day-to-day operational responsibilities for hospital departments including radiology, rehabilitation, radiation oncology, wound and outpatient care units and informatics. She continues to serve as Hospital Lead for Meaningful Use Attestation.

Belken has been with Finley Hospital since 1987. Her career at Finley started as a nurse working in the medical unit and cardiac rehabilitation. Belken most recently has served as Strategic Program Director. Among other roles, Belken has been a leader for major projects at Finley. She served as Finley’s Resource Manager as well as Stroke Coordinator, and helped Finley achieve Stroke Certification by The Joint Commission. When Finley transitioned to electronic medical health records (EMR), Belken coordinated all training for staff and physicians, facilitated informatics meetings and assisted in developing workflow processes for the new EMR.

Belken completed her master’s degree in nursing, with a focus on nursing management and organizational leadership, from American Sentinel University. She completed her bachelor’s degree in nursing from Clarke University and her associate’s degree from Northeast Iowa Technical Institute. She is also a board-certified Neurovascular Registered Nurse designated by the Association of Neurovascular Clinicians.

**Greg Brosius, Pharm.D**, has been promoted to the position of UnityPoint Health - Finley Hospital Pharmacy Director.

Brosius has been with Finley Hospital since 2000, after graduating from University of Iowa College of Pharmacy. His career at Finley Hospital started as a staff pharmacist. Brosius most recently served as the Pharmacy Manager.

As Pharmacy Director, Brosius will oversee all medication procurement, storage, and preparation at Finley Hospital. He will also ensure the pharmacy provides optimal services, facilitates safe medication use, meets all legal, accreditation, and certification requirements and complies with all applicable policies, procedures, codes and standards of the organization.
**Spring Vegetable Pasta**

Recipe brought to you by members of UnityPoint Health - Dubuque’s Wellness Committee.

- 8 oz. penne pasta
- 12-15 fresh asparagus, cut into 1” pieces
- 2 cups cherry tomatoes
- 1 cup frozen peas
- 2 garlic cloves, minced
- 1/2 cup low sodium vegetable stock
- 1/2 cup mozzarella cheese, diced
- 2 Tbsp. fresh basil or parsley, chopped
- salt and pepper to taste

Cook pasta as directed on package. Drain and reserve 1/2 cup of pasta cooking water. Heat 2 Tbsp. olive oil in a large saute pan. Add garlic, and cook for 1 minute or until garlic becomes tender. Add asparagus, and cook for an additional 3-4 minutes. Stir in cherry tomatoes and peas, and cook for 2-3 minutes. Add the vegetable stock and bring to a simmer. Cook until the tomatoes become soft. Season with salt and pepper. Add the cooked pasta and reserved pasta water to vegetable mixture. Sprinkle with chopped basil or parsley, and add cheese.

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**Wellness Corner**

**Focus on Wellness**

Easter is quickly approaching! Regardless of your wellness goals, don’t deny yourself the enjoyment of Easter candy this holiday. Allow yourself to enjoy a few of your favorite pieces, while keeping in mind that moderation is the key to a healthy and well-balanced lifestyle. Take a look at the popular Easter candy nutritional values below, provided by the Nourish chapter of UnityPoint Health - Dubuque’s Wellness Committee.

**Nourish**

Check out the Wellness Board, located near the Maintenance Department hallway on the 1st floor of the hospital, for additional health and wellness information - including how to stay healthy this Easter season!

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<th>Fat (grams)</th>
<th>Carbs (grams)</th>
<th>Sugar (grams)</th>
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</tr>
<tr>
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<td>18</td>
<td>19</td>
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<tr>
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<td>32</td>
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2017 Area Walk Event Information

Each year, UnityPoint Health - Dubuque team members champion excellence with the ways in which they show their support of Relay for Life, Heart Walk, and March of Dimes walk events. Take a look at the 2017 fundraisers and walk information below, and mark your calendars in support of these great events! 100 OnPoint for Health points available upon completion of any of the Walk events listed below. Please note that a maximum of 400 points are allowed for regional events (classes and walks).

March of Dimes Walk Information

11th Annual March for Babies Walk Information
Saturday, April 29, 9:00 a.m.
2 mile walk, Port of Dubuque (behind Stone Cliff Winery)
Bring the family! Show your support, and ensure all babies are born healthy. OnPoint for Heath points check-in areas will be available at UnityPoint Health – Dubuque’s Family Birthing Suites and Pediatric Rehab tables. For more information regarding walk details and t-shirts, please contact Sarah.Ryan@unitypoint.org or 589-2594.

Heart Walk Information & Fundraisers

Support the American Heart Association!
Bake Sale & Silent Auction
Friday, April 14, 7:00 a.m. - 1:00 p.m.
Auditorium
Proceeds to benefit the American Heart Association Heart Walk.

Pinot’s Palette Paint Night Event
Tuesday, April 18 (RSVP by April 14!),
6:00 p.m. - 8:00 p.m.
955 Main Street, Dubuque
Cost: $45 per painting, due in advance
Enjoy a night out, and support the American Heart Association! For more information or to RSVP, please contact 589-2613 or Jessica.Freiburger@unitypoint.org

Purchase your UnityPoint Health - Dubuque Heart Walk Gear!
Order Deadline: Sunday, April 16
Click here to access the online store.
Order your 2017 Heart Walk t-shirts, sweatshirts, longsleeves, or DriFit apparel for this year’s Heart Walk event! A portion of the proceeds from this sale will count as part of Finley’s team donation. Orders will be delivered to the Cardiac Department on Monday, May 1. *Purchases are final, no exchanges will be offered*

Yankee Candle Online Fundraiser Event
Order Deadline: Friday, April 14
Click here to access the online store.
Visit the online store above, and purchase Yankee Candles in support of the American Heart Association. These make great gifts – place your order today! Those interested are asked to enter Group #999967306 at top of page in “Start Shopping” box area of site. For more information, please contact: Jessica.Freiburger@unitypoint.org

Dubuque Area Heart Walk Event Information
Saturday, May 6
Klauer Manufacturing green space next to UPS on Kerper Blvd (2550 Kerper Blvd, Dubuque)
Check-in: 8:00 a.m.
Walk Starts: 9:00 a.m.
Register for the Walk here!
For more information regarding walk details, or fundraisers, please contact 589-2613 or Jessica.Freiburger@unitypoint.org

Relay for Life Information & Fundraisers

Support Relay for Life - Purchase Your Relay Gear Today!
Glow in the dark framed sunglasses now available for $5.00 a pair, in addition to $1 HOPE wristbands (red, white, blue, purple) as well. Grab this fun gear, and show your support of UnityPoint Health – Dubuque’s fight against cancer! For more information or to make a purchase, please contact Diane.Asmussen@unitypoint.org, or 589-2334.

Relay for Life - Dubuque Walk Event Information
Friday, June 2, 6:00 p.m. - 11:30 p.m.
Town Clock Plaza, 890 Main St. Dubuque
Register for the Walk here!

Survivor’s Dinner and Celebration: 4:00 p.m. - 5:30 p.m.
Dinner will be provided, free, to all cancer survivors and their choice of 1 guest. Survivors may also pick-up their “Survivor” shirt at this time.

Relay for Life Parade: 6:00 p.m.
Following the Survivor’s Dinner, a Relay for Life Parade will honor all survivors along its parade route. Survivors and caregivers will have the opportunity to walk the parade route, or ride the trolleys (Provided by Trolleys of Dubuque). Survivors are asked to meet at the Survivor Dinner, and trolleys will shuttle them to the parade route. Trolleys will leave at 5:45 p.m. from the Town Clock Plaza. For more information regarding walk details, or fundraisers, please contact Diane.Asmussen@unitypoint.org, or 589-2334.

Dubuque Area Heart Walk Event Information
Saturday, May 6
Klauer Manufacturing green space next to UPS on Kerper Blvd (2550 Kerper Blvd, Dubuque)
Check-in: 8:00 a.m.
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