



UnityPoint Clinic

UnityPoint Clinic - Weight Loss

PATIENT REFERRAL FORM:

Patient Information

Patient Name: _____

DOB: _____

Address: _____

Daytime Phone: _____

Referring Provider Information

Provider Name: _____

Address: _____

Phone Number: _____

Filled Out By (Print): _____

Date: _____

Check One:

- Healthy Lifestyles Program
- Bariatric Surgery Referral

****Please notify your patient if there is a specific surgeon you would like them to see. ****

Healthy Lifestyles Program:

- Physician supervised
- Health Coach supports and motivates
- Goal Setting
- Nutrition Education by Registered Dietitian
- Exercise Consultations with Exercise Physiologists

Surgical Program Criteria:

- BMI greater than 40, or
- BMI greater than 35 with obesity related disease (diabetes, hypertension, sleep apnea), or
- BMI 30-35 with 2 obesity related diseases, only applies to Lap-Band Procedure
- At least 18 years of age

Getting Started:

- All patients entering the surgical program must be scheduled to attend an Education Seminar.
- Education Seminar gives available surgical options, risks, program details and insurance information.
- **Fax** your referral form to **515-241-2265** and our staff will call your patient to schedule, or
- **To schedule** a Healthy Lifestyles Program or Education Seminar appointment call **515-241-2250** or visit **www.unitypoint.org**