



Community Training Center

02775

Hands Only CPR Events

Wanda Goranson has trained 151 people and Jessica Dinh & the Blank Children's Pediatric Outreach staff trained 176 people! Awesome job! Keep up the great work! We're on our way to 300,00 by 2020. Here are some Hands Only Events held recently...

March	Instructor	City	# trained
7	Wanda Goranson	Des Moines	144
May	Instructor	City	# trained
1	Jessica Lochart	Nevada	15
3	Wanda Goranson	Des Moines	7
23	Doreen Denger	Des Moines	74
27	Janelle Smith	Des Moines	3
June	Instructor	City	# trained
2	Jodi Vander Hart/Tami Schutte	Pella	35
4	Sarah Pandullo	Des Moines	11
6	Tyler Rommel	Polk City	4
7	Sarah Cople	Guthrie Center	15
13	Janelle Smith	Des Moines	37
19	Sally Swenson	Perry	5
20	Jessica Dinh	Des Moines	176
25	Kiki Joslin	West Des Moines	17
27	Sally Swenson	Perry	22
27	Rhonda Eaton	Des Moines	7
		Total:	572

Hands Only Kits Now Available!

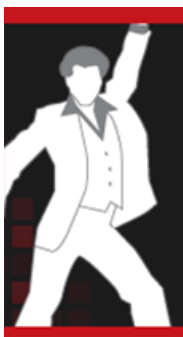
The CTC has a kit with supplies for running your own Hands Only Event. There is no charge for this kit, call and reserve it today! (515-241-6811)

Kit Contents:

- 10 inflatable Anytime adult manikins
- 10 kneeling pads
- 1 clipboard + pen
- Alcohol wipes
- 1 copy of promotional poster and course paperwork
- 1 "Stayin Alive" CD

(You will need a CD player)

Thanks to Karen "Kiki" Joslin (BLS TCF) from 411 Safety Shop & Training in West Des Moines for the donation of the kneeling pads.



At a recent Des Moines Farmers Market after learning Hands Only CPR a participant said... "You should tell more people about this Stayin Alive tune, this is really cool! Now I know what to do and how fast to push." How rewarding for both the instructor and the participant.

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Hands Only Events



Several of the staff from Blank Children's Advocacy & Outreach program held a Hands Only CPR event at the Des Moines Farmers Market on June 20.

They trained 176 people!

Awesome job !

Do you have a Hands Only Event that you would like to share? We love to Have your pictures & stories for the next newsletter.

Congratulations to Diana Risse!

Diana's name was drawn as the lucky winner of a Stayin Alive CD in April. Your students should have a blast practicing to the beat!



Epi-Pens in Schools

A bill recently signed by Governor Terry Branstad is **SF 462– Epi-Pens in Schools**. The bill allows school districts to have a supply of epinephrine auto-injectors (epi-pens) in each school. Permits healthcare professionals to prescribe epi-pens in the name of the school and also allows certain personnel to administer the epi-pen to a student having an anaphylactic (allergic) reaction. Those who administer the epi-pen have immunity from legal liability. Adds epi-pens to the list of medications that can be self-administered by students with asthma. Allows students with written permission from a health care professional to have their own epi-pens on school grounds. Effective 7/1/2015.

Auvi-Q Talking Epinephrine Autoinjector

It came to my attention that not all instructors are aware of the talking epinephrine pen. Teaching the Auvi-Q pen is not required content in the AHA Heartsaver First Aid course but may be useful for answering questions in the classroom. A video demonstration of its use for patients and healthcare professionals can be found at <https://www.auvi-q.com/hcp>



Provider/Instructor Course Credits for EMT's/Paramedics

As the class Instructor, you will be able to invite your EMS students to fill out information and claim their credits by sending each student an email invite. You will need their first name, last name and email address to send out this invitation.

Provider Courses: The AHA continues to offer free Continuing Education Hours (CEHs) through the Continuing Education Coordinating Board for Emergency Medical Services (CECBEMS) for **classroom-based courses:** ACLS Provider (12 hrs), ACLS Update/Renewal (5.25 hrs), PALS Provider (14.25 hrs), PALS Update/Renewal (8.25 hrs) with optional lessons and 6.25 hrs without the optional lessons.

Instructor Courses: AHA is now offering credit for Instructor courses: ACLS (7.00 hours), ACLS-EP (6.00 hours), BLS (6.00 hours), PALS (8.25 hours), and PEARS (6.75 hours). To access or assign CE credit, log onto the AHA Instructor Network and click on the **EMS Student CE link** in the left side.

Demo video links: https://ahainstructornetwork.americanheart.org/AHA/ECC/Dashboard/EMSStudentCE/UCM_322773_CECBEMS.jsp

Former National Faculty



The National Faculty position was created thirty years ago by the AHA to lead Guideline rollouts, share communications and serve as the expert in each AHA discipline. In 2015, both the Training Network and AHA's communications strategies have evolved to provide faster access to information. AHA Guideline rollouts primarily are conducted via internet; to TCs and RFs with the [ECC Beat](#); and the [Volunteer Website](#) and its companion [Blog](#) were launched in November 2013 in response to volunteer requests for quicker access to relevant information and news.

With these changes, the AHA has chosen to sunset the National Faculty role. In Iowa, we have many instructors that have served in this role to provide strong leadership. **To these National Faculty we give our heartfelt THANK YOU for your dedication and service to the thousands of instructors across Iowa.**

Upcoming Conferences

Official 2015 AHA Guidelines for CPR and ECC Instructor Update Conference will be Friday November 6, 2015 in Orlando, FL. Location: Orange County Convention Center in conjunction with the 2015 Resuscitation Science Symposium (ReSS) and AHA Scientific Sessions.

ECCU 2015 Conference is being held on December 7-11 in San Diego, CA. Website: <http://www.citizencpr.org/ECCU.aspx> Register by September 25 to save \$50.

2015 AHA Instructor Updates will also be available online (for a fee) from AHA with continuing education (CE) credit available.

Keyword: CPR
Deadline to submit: July 31



2015 GUIDELINES Preliminary Product Release Schedule

The AHA will provide interim training tools in a variety of ways to meet your learning and geographical needs, including in-person AHA Instructor updates, an online update course and, for healthcare providers, an in-service course.

Preliminary release dates are listed below and are subject to change at any time. Student and Instructor materials will be released simultaneously, and each AHA discipline-specific product line will introduce new printed and electronic course completion cards. It is estimated that Instructors will have 90 days from the release of new course materials to begin implementing the new guidelines and issuing new AHA course completion cards.

2015

October 15, 2015

- *ILCOR Consensus on Science*
- *2015 AHA Guidelines for CPR and ECC*
- *AHA/Red Cross Guidelines for First Aid*

November/December

- 2015 Guidelines Highlights (PDF and eBook)
- 2015 Guidelines Highlights Translations (17 languages)
- Handbook for ECC for Healthcare Providers (PDF and eBook)
- Science In-Service
- Instructor Update Conference at ReSS/SS (November 6, 2015)

2016

January/February

- Basic Life Support (BLS) Blended Learning
- BLS Resuscitation Quality Improvement (RQI™) (Module 2)

March/April

- BLS Classroom
- Heartsaver® First Aid CPR AED Blended Learning
- Heartsaver® First Aid CPR AED Classroom
- Heartsaver® Pediatric First Aid CPR AED Blended Learning
- Advanced Cardiovascular Life Support (ACLS) Classroom
- HeartCode® ACLS
- CPR Anytime® Adult/Child
- Infant CPR Anytime®
- CPR in Schools Training Kit™

saving lives is why



2015 GUIDELINES Preliminary Product Release Schedule

May/June

- Heartsaver® Pediatric First Aid CPR AED
- Heartsaver® Bloodborne Pathogens
- Family & Friends® CPR

July/August

- Pediatric Advanced Life Support (PALS) Classroom
- HeartCode® PALS
- Pediatric Emergency Assessment, Recognition and Stabilization (PEARS®)

FAQ's

When the new AHA guidelines are released, will there be new books, DVDs, cards, etc? And will there be a price increase? It is predicted that there will be all new books, DVD's, cards, etc. but this had not been made official since there is a moratorium on the guideline changes. However, our AHA representative has suggested that we budget an approximate 10% increase in costs after the October 2015 guidelines release.

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AHA Website: <http://www.heart.org/>

AHA Instructor Network: <http://www.ahainstructornetwork.org/>

Online AHA Programs: <http://www.onlineaha.org>

School teacher website: <http://bethebeat.heart.org/>

Hands Only CPR website: , www.heart.org/HandsOnlyCPR

UP-DM General Public Website: <http://www.unitypoint.org/desmoines/classes-and-events.aspx>

UP-DM CTC Instructor Resources Website: <http://www.unitypoint.org/desmoines/instructor-resources.aspx>

Additional questions or concerns? Please contact:

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