

College Community Schools
401 76th Avenue S.W.
Cedar Rapids, IA 52404

Physicals are recommended for
K, 2, 5, 7, 9, 11 and required
yearly if in sports. (Grades 7-12
must use the Iowa Athletic form.)

Medical Examination Record

Name _____ School _____ Grade _____
Address _____ Date of Birth _____ Gender _____
Parent/Guardian _____ Phone _____
Family Doctor _____ Doctor's Phone Number _____

History of illness, injury, surgery: _____

Allergies, Asthma, Hayfever: _____

Mental/Behavioral Health _____

Immunizations – Date of Last Booster

DPT _____ MMR _____

Tdap _____ Hepatitis B 1 _____
2 _____

Varicella _____ 3 _____

Polio _____ TB (Mantoux) _____

Current medications: _____

Medications taken at school: _____

Height _____ Weight _____ BMI _____

B.P. _____ Pulse _____

Hemoglobin _____ HCT _____ Lead _____

Urinalysis: Sp. Gr. _____ Sugar _____

Albumin _____ Micro _____

Vision Acuity (R) _____ (L) _____ Both _____

Corrected: yes _____ no _____

EENT _____

Lymph Glands _____

Heart _____

Lungs _____

Abdomen _____

Muscular/Skeletal _____ Scoliosis _____

Physical Education and Athletic Program: Full & Unlimited _____ Restricted _____

If restricted, reason or diagnosis: _____

If limited program is recommended, what activities may he/she not enter? _____

Physician's recommendations or referrals _____

Physician's Signature _____ Date of Exam _____

Printed Name of Physician _____

COLLEGE COMMUNITY SCHOOLS

Dear Parents/Guardians:

ATHLETIC PHYSICAL EXAMINATIONS

If your son/daughter is in 7-12 grade or is/will be participating in athletics, this exam form **DOES NOT** satisfy the State Association requirement of a medical examination for school sports. You need to use the Iowa Athletic form from the web site. This **MUST** be completed along with the concussion form and returned to the school nurse's office **BEFORE** practice begins or your student **WILL NOT** be eligible *to practice or play*. Physical examinations are valid for thirteen (13) months from the date of exam.

It is preferable to have sports exams during the summer so they cover students participation for the whole school year. Please turn your child's physical and concussion forms in at registration. These will be kept on file in the nurse's office throughout the school year.

ROUTINE SCHOOL PHYSICAL EXAMINATIONS

We want to cooperate with you in protecting and promoting your child's health while he/she is in school.

Physical examinations are recommended at the following times: *Upon entering Kindergarten, 2nd grade, 5th grade, 7th grade, 9th grade, and 11th grade.* (Students in 7-12 grades must use the Iowa Athletics form.)

Health examinations mean the child is examined for the purpose of promoting health. Records of school are handled as confidential information. Here at College Community, we will do all we can do to fulfill our part in following any suggestions that your physician may recommend.

Thank you,

The College Community Nursing Staff
848-5225