



UnityPoint Clinic

CARDIOLOGY

PCI Medical Pavilion  
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Regional Medical Center  
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[cardiology.unitypointclinic.org](http://cardiology.unitypointclinic.org)

## Event Monitor

### What is an Event Monitor?

An Event Monitor is a small, medical device that records the rhythms of your heart during your daily activities. The Event Monitor is very light and is the size of a cellular phone.

### Why is an Event Monitor used?

The Event Monitor records your heart rhythm at the time (event) of your symptom, such as chest pain, feeling short of breath, feeling dizzy or nauseated, or feeling like your heart is pounding hard and fast.

### How long do you wear the monitor?

You will wear the Event Monitor for 30 days. After 30 days, you will be required to send the monitor in the pre-paid envelope provided to the HeartCare Corporation, which is a monitoring service used for the continuous observation of heart rhythms.

### How long is the appointment to apply the Event Monitor?

You will be in the Holter lab for 1 hour.

### What can you expect before the procedure?

A technician will explain and demonstrate how to use the Event Monitor. The technician will put some small sticky patches on your skin. Wires will be hooked to the patches and the Event Monitor.

### What can you expect during the procedure?

Once the Event Monitor is attached to you, the procedure time is started. The directions you receive are important. You will be asked to push the record button each time you feel a symptom. The recording of your heart rhythm is received at the HeartCare Corporation and your heart rhythm is analyzed. A report of this event is sent to your cardiologist.

### When will you know your results?

The results are interpreted by a board certified cardiologist and the report is sent to your primary care provider. Test results are available in 3 to 4 days.

### Important Billing Information

If you are unable to keep your testing appointment, you must contact UnityPoint Clinic Cardiology 24 hours prior to your test time. Scheduled testing appointments that are missed or cancelled without the 24 hour advance notice may be subject to charges for pharmaceuticals or supplies specifically ordered for your test.