

# Brain Injury Acute Inpatient Rehabilitation 2016 Outcome Summary

*Rebuilding lives, renewing hope.*

**Brain injuries are frightening for patients and family members who don't know what to expect from the recovery process or how long it will take. St. Luke's Physical Medicine and Rehabilitation understands these overwhelming feelings. We work hard to address and answer the difficult questions that arise.**

Each patient receives an individualized plan of care. Services are provided in a variety of settings, depending on the severity of the injury and stage of recovery. The goal for each individual is to help him/her achieve the best possible quality of life.

During 2016 we cared for 47 individuals with brain injuries, which included residents from Iowa and surrounding states. Patients had experienced either a traumatic or non-traumatic brain injury or a multiple-trauma accident that resulted in a brain injury.

**In 2016, we cared for 47 brain injury patients as follows:**

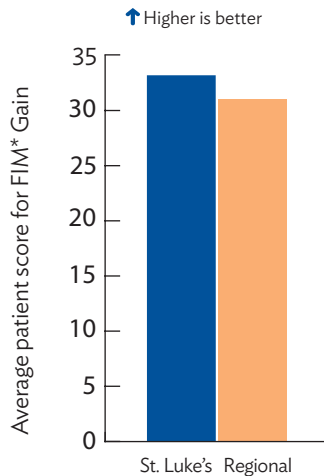
## Patients Served

Age	Patients
8-19	6
20-44	3
45-64	16
65-74	12
75-100	10

## Regaining Independence

A primary focus in acute rehabilitation is for patients to regain independence. In 2016 our brain injury patients experienced greater functional gains, at a faster rate than the average rehabilitation facility across the region.

## 2016 Functional Improvement of Brain Injury Patients



\*Functional Independence Measurement (FIM) instrument assesses 18 areas, including eating, grooming, toileting, transfers, mobility, bowel/bladder management, communication and cognition skills. It shows patient improvement from admission to discharge.

**In 2016, 100 percent of our brain injury patients achieved their Rehabilitation goals during their stay.**

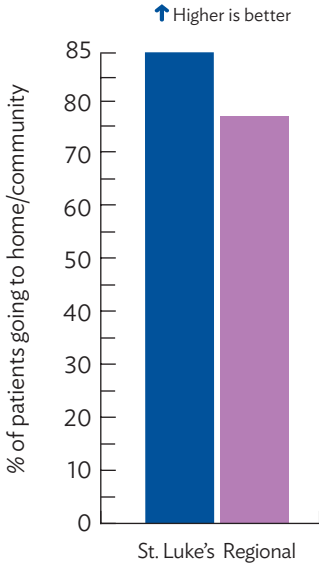


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## Returning Home

In 2016, 85 percent of our brain injury patients were discharged home after acute inpatient rehabilitation and 8 percent continued their rehabilitation course at a skilled nursing facility.

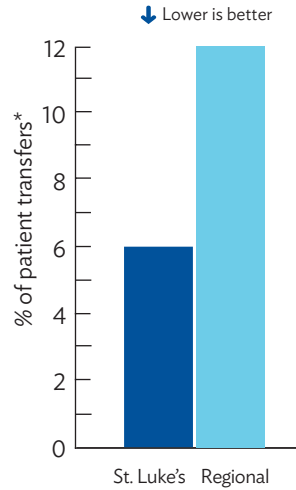
### Brain Injury Patients Returning Home in 2016



## Transfers Back to Acute Care

In 2016, 6 percent of our brain injury patients experience an unplanned transfer back to acute care compared with 12 percent Regionally.

### Rehabilitating Brain Injury Patients Returned to Acute Care in 2016



## Patient Satisfaction

100% of our brain injury patients would recommend St. Luke's inpatient rehabilitation as good or very good on a scale of 1-5 where 4 is good and 5 is very good.

**For more information about outcomes, rehabilitation programs or to make a referral, call (319) 369-8139.**



**UnityPoint Health**  
St. Luke's Hospital

Accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) for inpatient rehabilitation, stroke and brain injury programs. St. Luke's also holds accreditation with the Joint Commission.

**Physical Medicine & Rehabilitation**

1026 A Avenue NE | Cedar Rapids, IA 52402  
(319) 369-7331 | [unitypoint.org/cedarrapids](http://unitypoint.org/cedarrapids)